Similarities

The two machines are exactly the same in the following respects:

Precision Aluminum Unibody (made from one solid piece of Aluminum)

13.3 inch LED backlit display

Identical height, width, depth, and weight (4.5 pounds)

Illuminated keyboard

Both have Macsafe power port, gigabit ethernet port, mini displayport, two usb port, and kensington lock slot.

System Bus is equal (ability to access information) at 1066 Mhz.

Both include 2GB of RAM

Both include a Superdrive (read & write dvds) including dual layer which support up to 8gb of data (good for writing call of duty ;)

High quality graphics card, NVIDIA geforce 9400M.

No button, glass trackpad, multi touch

My thoughts: After going through all of the differences, I would have to say the price is the key factor. Both laptops have good things going for them, if they were the same price, I would go for the MacBook. But this is just based on what I prefer, your needs in a computer are different than mine. Although they are very close, I'm edging towards the MacBook. Now that you have the information, the decision is yours. I know you'll

Macbook

The advantages of the MacBook:

Faster Processor: 2.4GHz 3Mb L2 cache, as opposed to 2.26GHz 3Mb L2 cache. About 6% raw processor power faster.

Larger Hard Drive: 250 GB as opposed to 160 GB hard drive. About 56% percent larger hard drive.

Separate Audio in & Audio out jack.

MacBook Pro

The advantages of the MacBook Pro:

You can say you have a MacBook Pro.

60% higher gamma display (sharper colors, glossier screen)

Absolutely no scratches or internal use/stress

Built in SD card slot

7 Hours battery life as opposed to 5 hours of wireless connectivity. Around 40% longer batter life.

Firewire 800, as opposed to 400. Firewire 800 is twice as fast.

Faster Charging due to an increased power line. (I believe this is true for the 13" I know it is for the 15").

Simply a new model, so some increase in unibody construction may be miniscule but Apple is always updating its products.